



St. Ann's Primary School  
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Mr. L. Rowan - Head Teacher

Dear Parents and Carers,

As a part of your child's education at St. Ann's Primary School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) curriculum. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. The Department for Education has made it statutory for all schools to teach PSHE from September 2020.

Over the next few weeks, we will be teaching PSHE and covering the following themes in Year 6:

**Growing up - responsibilities (Real Love Rocks by Barnardos)**

How can I be responsible for me?  
How can I take responsibility for myself?  
What are my rights?  
What are my responsibilities?  
Grooming

**Rollercoaster: The ups and downs of puberty**

What does puberty mean?  
What happens at puberty?  
What happens to my feelings at puberty?  
The social changes that occur at puberty  
Who are my support network?  
Why can body image affect our self-esteem?

**The world of drugs and keeping safe online**

What risks are associated with using the internet, messaging, apps, and social media? (Real love rocks & PSHE Day)  
What steps can you take to ensure you are safe online? (Real love rocks & PSHE Day)  
Who can you report an online concern to? (Real love rocks & PSHE Day)  
What do we already know and understand about drugs?  
What do we know about caffeine?  
What do we know about solvents?  
What influence does peer pressure have on me?  
What are the general drug categories?  
What are the laws around drugs and why do we need them?  
What do we know about drugs?

If you would like to read more about the statutory PSHE curriculum for Primary schools and how this is then taught in secondary schools - please follow the link below or visit our web site and read our **Relationships and Health Policy** which is under 'Welcome to St Ann's' - 'Our Evolving Curriculum.'

<https://www.gov.uk/government/publications/personal-social-health-and-economic-education-pshe/personal-social-health-and-economic-pshe-education>

Thank you for your continued support, if you would like to ask any questions, please email [m.skjold@sajirotherham.org](mailto:m.skjold@sajirotherham.org).  
Yours faithfully,

Mr. L. Rowan - Head Teacher.

