

WHAT DOES FREEDOM MEAN TO ME?

AUTUMN 2020- YEAR 5

Children will unpick the famous Martin Luther King quote, “Before you finish eating breakfast in the morning, you’ve depended on more than half of the world.” They will begin to understand why some foods are only grown in certain areas of the world and how they are traded.

Through exploring themes in the story ‘Bitter Chocolate’, children will begin to understand what life can be like as a cocoa farmer. As they begin to imagine themselves in a similar situation, they will write diary entries from the perspective of a farmer. This will be the inspiration for some high-quality pieces of art linked to children’s rights. Both these pieces of work will be collected in a book for our school library.

Throughout the project, children will develop an understanding of the work Fairtrade do in order to **protect** farmers all around the world. Children will therefore become **empowered** to make a difference and persuade other people to buy Fairtrade products.

What does freedom mean to me?

Outcomes:

Diary entry

A piece of art (painting) to support our diary entry

Final Outcome – A variety of diary entries collected together in a book.

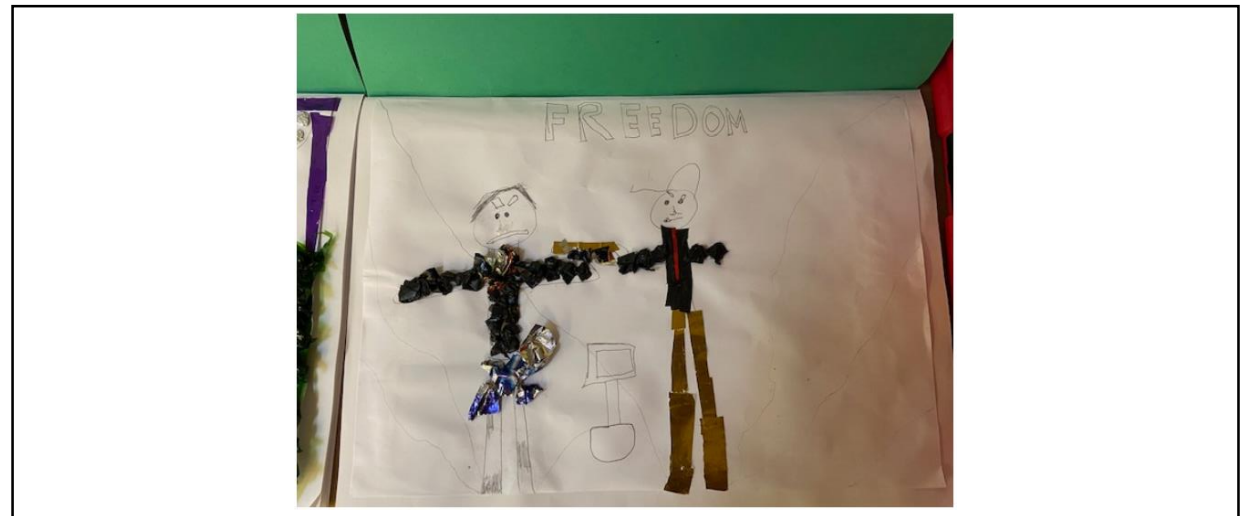


Sparkling Start 1

At first, we started to think about what freedom means to us.



We watched the music video for Pharrell William's Freedom song and we were inspired to create 'freedom' collages using chocolate wrappers.



Sparkling Start 1

I didn't know I'd miss

I didn't know I'd miss the long walks
me and my friends took ^{scoutly} around the play
ground and laughing ^{together} happily.

I didn't know I'd miss pretending to be
the teacher in the ^{room} cloak and everyone
laughing out loud.

I didn't know I'd miss being ^{competitive} competitive,
and cheating in games and just being
me!

I didn't know I'd miss the cheers of
when someone won the attendance, I
love seeing people happy.

I didn't know I'd miss school this much
and all these things. ✓

I didn't know I'd miss

waking

I didn't know I'd miss waking up on a great day

I didn't know I'd miss walking into
school seeing all the cool things.

I didn't know I'd miss sharing my ideas.

I didn't know I'd miss talking to my
ridiculous friends.

Then, we wrote poems about all the things we had missed during lockdown.

Sparkling Start 2

For our second sparkling start, we tasted some delicious chocolate!



Sparkling Start - What is chocolate like?


Chocolate	Appearance	Aroma	Texture	Melt	Flavour	Finish	
25% Cocoa content Added flavours/ ingredients	Appearance of the chocolate surface	What aromas can you detect when smelling the chocolate?	Is there a crisp snap when you break the chocolate (does chocolate snap)?	Does it melt over the edge like an even layer and the "snap"?	Describe how the chocolate melts in your mouth. With a slow start or quickly.	A good chocolate will be a well balanced sensation of flavours. Is there a succession of different flavours?	Does the flavour last and change over time - what flavour do you end with?
25%	Brown	A bit bit salty and sweet	No	It feels smooth	Quick	Slightly rich milk	It tastes like milk in the mouth
Coco butter	White yellowish white	Milky	No	Smooth	Quick	Milky and sugary	Milk
40%	Dark brown	Salty and chocolaty	No	Smooth	Quick	Coffee like	Coffee
90%	Super dark chocolate brown	Milky and salty chocolate	Yes	Smooth	Slow	Coffee and vanilla together	Coffee and vanilla

We tasted the chocolate like we were expert chocolatiers, thinking about how the cocoa content affects the appearance, flavour and scent.

We started to think about why Fairtrade chocolate was the most expensive.

Beaking Street
Blind chocolate tasting

Use the skills you have just developed to order the milk chocolate from what you think is the cheapest to the most expensive.



A C B

cheapest most expensive



Why did you think this was the most expensive?
I think B is more expensive because it tasted like almond and because it tastes luxurious.

What have you found out?
I have found out that C is most expensive because if you spend time and effort in it.

Bean to bar



Introduction

Stop! buy a delicious scrumptious bar of chocolate. Did you know chocolate comes from different countries? Almost 1 million chocolate bars are sold each day. This text is about how chocolate is made from bean to bar.



Growing



Cocoa beans are mostly grown in hot humid countries. The main species of cocoa are in Ghana. Shockingly, cocoa plants grow 13-15m high and it takes 3-4 years for the flowers to appear! There is 40 cocoa seeds in one cocoa bean.



Harvesting

Harvesting is a crucial time for farmers. In between the months October and January the cocoa pods are harvested. Harvesting is very labour and intense, farmers knock off the pods with large sticks. Once harvested, cocoa pods were covered with banana leaves.


Fermenting and drying



Fermenting is the most important stage. The process of fermentation involves a chemical reaction which produces heat and gives the chocolate its delicious scent, taste and deep brown colour. This helps take any pulp or crop left on the beans and also kills any germs on them. After a while, the beans are moved from one box to a new fresh brown box, this is repeated.


Packing and shipping

After the beans are fermented and dried, they are packed into large bags ready to be shipped. Each bag contains thousands of cocoa beans. Surprisingly each bag contains enough cocoa beans to make about 700 large chocolate bars! Now they are ready to be shipped and exported to different countries. They import the cocoa beans into factories ready to be made into chocolate.



Conclusion

So you see it is hard and intensive work to make a bean to a bar. Farmers spend a lot of time. So lets buy Fair Trade.



We were shocked to learn about the amount of effort that goes into producing cocoa beans.

We realised how important Fairtrade is for some farmers. It gives them freedom in a variety of different ways.

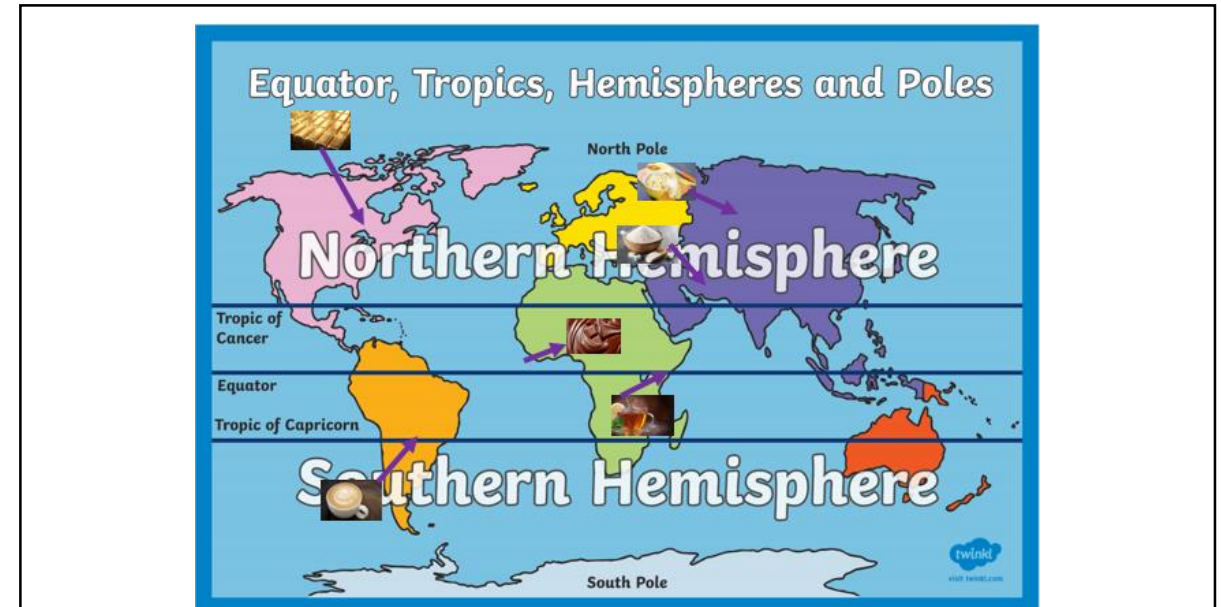
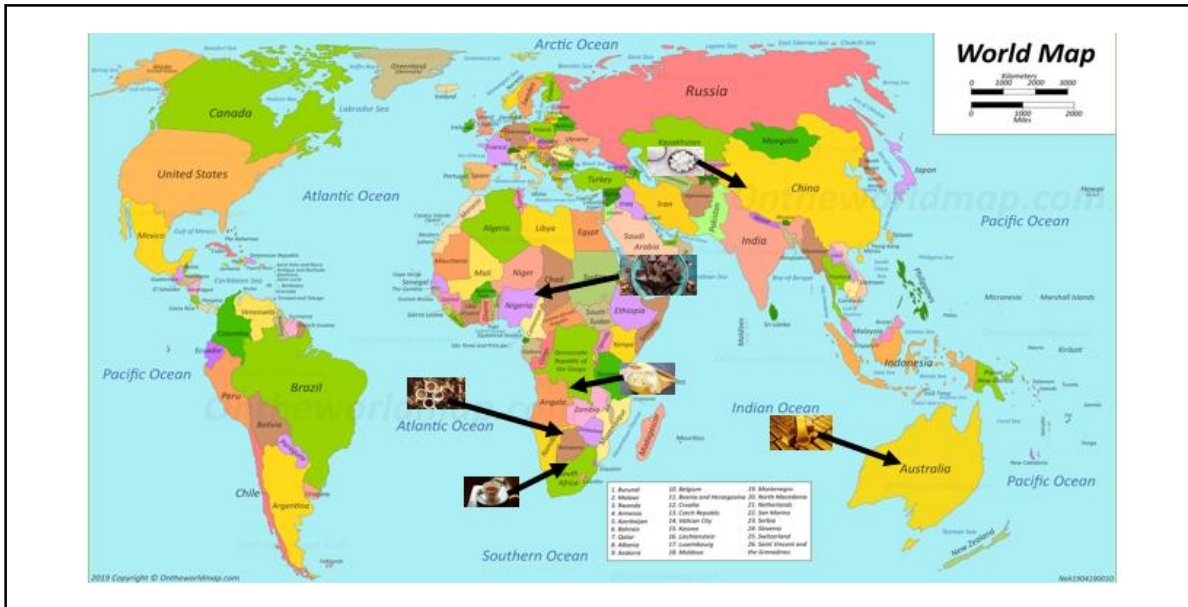
What does freedom mean to Fairtrade farmers?

Freedom for many Fairtrade farmers means that they can go to school, have nice clothes and receive a fair price for the products they produce.

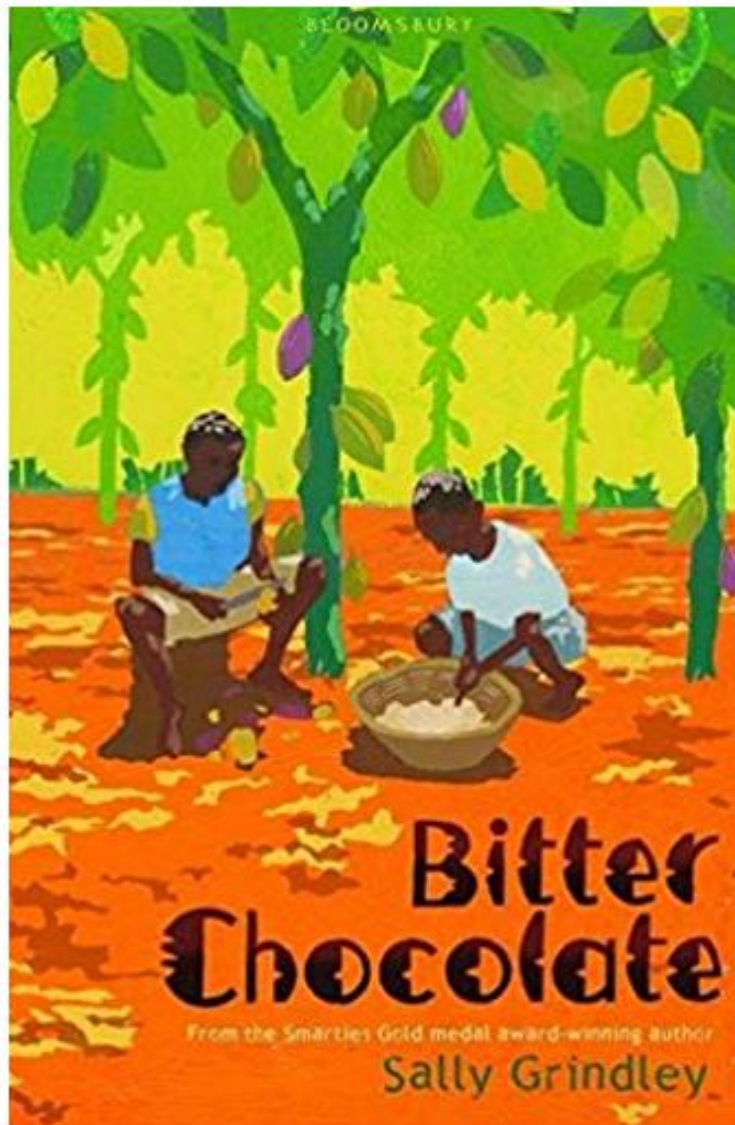


The purpose of our posters were to persuade other people to choose Fairtrade products when they go shopping.

Once we learned about the trade of cocoa, we started to investigate other Fairtrade products. We combined our geography and computing skills to create an interactive map.



Finally, we began to imagine ourselves as a farmer who has very little freedom. We used the events that Pascal experiences in Bitter Chocolate to support us.



Dear diary,
appalling! This word is the only word to describe my horrendous day. Just thinking about that slave driver my boss is! Every day I'm sure I am doing all my boss's hard work for him.

An ordinary day for me. My ordinary day is exhausting. Holding those over-weighted bananas is painful and my boss is not grateful enough. He is always on my case. My days are bad enough, having to work in the stifling heat. I wait a lot of time to get my water break and when I get it, it's unbelievable the water is so murky I feel like fainting. I'm sick of this place!

In the evening, I thought how I was going to rebel. It took me a lot of thinking but I made my plan.

The next morning I put my plan in action. When I was working I dropped my tools and boldly laid on my back. I let some breeze get on to me. It was wonderful.

Suddenly I was aware that I was exhausted. I closed my eyes and fell into a deep sleep.

Suddenly I woke up to an awful sound. The next thing I knew the pig was standing over me. He cracked the chain next to my ear. I was silent but in pain. He didn't like so he did it again. This time on the back of my leg. I squealed. In that moment I thought of getting out of this horrible place.

Right now I'm in excruciating pain. My wounds are so tender I feel like I've been suffocated. When I move I'm in a lot of pain.

perhaps I'm not sleeping tonight. This place is like hell. I desperate to get out of here. I want freedom. If I want to be free again it is so difficult.

These diaries are compiled in our class book.



During our art lessons, we thought about how colour can influence mood. We also improved our brush techniques whilst using the qualities of watercolour.

We put all of this learning together to create pieces of art to support our diary entries.



Here are our final drafts:



Our Class Book

